

1 **The influence of vertical resolution on internal tide energetics and subsequent**
2 **effects on underwater acoustic propagation**

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14 **Key Points:**

- 15 • Model vertical resolution impacts internal tide-induced kinetic energy, available potential
16 energy, dissipation, and vertical shear.
- 17 • Increasing the number of isopycnal layers, up to 48, increases the available potential energy
18 contained in high (3rd to 8th) vertical modes.
- 19 • At least 48 isopycnal layers are required to reduce sound speed and underwater acoustic
20 propagation variability due to vertical resolution.

21 **Abstract**

22 Internal tide generation and breaking play a primary role in the vertical transport and mixing
23 of heat and other properties in the ocean interior, thereby influencing climate regulation.
24 Additionally, internal tides increase sound speed variability in the ocean, consequently impacting
25 underwater acoustic propagation. With advancements in large-scale ocean modeling capabilities,
26 it is essential to assess the impact of higher model resolutions (horizontal and vertical) in
27 representing internal tides. This study investigates the influence of vertical resolution on internal
28 tide energetics and its subsequent effects on underwater acoustic propagation in the HYbrid
29 Coordinate Ocean Model (HYCOM). An idealized configuration with a ridge, forced only by
30 semidiurnal tides and having 1-km horizontal grid-spacing, is used to test two different vertical-
31 grid discretizations, defined based on the zero-crossings of horizontal velocity eigenfunctions, with
32 seven distinct numbers of isopycnal layers, ranging from 8 to 128. Analyses reveal that increasing
33 the number of layers up to 48 increases barotropic-to-baroclinic tidal conversion, available
34 potential energy, and vertical kinetic energy, reaching equilibrium afterwards with higher layer
35 counts. Vertical shear exhibits a similar pattern but converging at 96 layers. Simulations with at
36 least 48 layers fully resolve the available potential energy contained in the 3rd to 8th tidal baroclinic
37 modes. Finally, sound speed variability and acoustic parameters differ for simulations with less
38 than 48 layers. Therefore, the study concludes that a minimum vertical resolution (48 layers in this
39 case) is required in isopycnal models to minimize the impact on internal tide properties and
40 associated underwater acoustic propagation.

41 **Plain Language Summary**

42 Internal tides are a type of internal wave generated when a barotropic tide interacts with sloping
43 topography. Internal tides breaking play a primary role in the vertical transport and mixing of heat
44 and other properties in the ocean interior, thereby influencing climate regulation. Additionally,
45 internal tides increase sound speed variability in the ocean, consequently impacting underwater
46 acoustic propagation. With the increase in computational power and the development of more
47 realistic global models, it is essential to investigate the effect of increasing vertical resolution on
48 the energetics of internal tides and the impact on underwater acoustic propagation. This study uses
49 an idealized configuration with a ridge, only forced by semidiurnal tides, and with high horizontal
50 resolution, to test different numbers of layers and two different vertical grid discretizations. We
51 find that increasing the number of layers to up to 48 layers increases the amount of energy being
52 displaced vertically and resolves more vertical structure of the flow. We also find that these
53 differences impact the way sound propagates in the ocean interior, subsequently affecting
54 underwater acoustic propagation. Therefore, the study concludes that at least 48 layers are required
55 to minimize the impact on internal tide properties and associated underwater acoustic propagation.

56 **Introduction**

57 Internal tide generation and breaking play a primary role in the vertical transport and mixing
58 in the ocean interior (Munk and Wunsch, 1998; Ferrari and Wunsch, 2009; Vic et al., 2019). The
59 vertical isopycnal displacement induced by internal-tidal-induced can be as large as ~ 200 m, with
60 the highest displacements usually observed in the thermocline (Park et al., 2008; Klymak et al.,
61 2011; Rainville et al., 2013). The breaking of internal tides drives significant diapycnal mixing
62 and vertical heat and salt fluxes, resulting in substantial impacts on the heat content of the upper
63 ocean, thereby influencing climate regulation (Hebert, 1994; Storlazzi et al., 2020). This high-
64 frequency variability induced by internal tides holds significant importance for mixing

65 parameterizations in global climate models. Another significant outcome is the vertical movement
66 of nutrients, essential for primary production and increased carbon uptake, which in turn has
67 further implications for climate dynamics (Tuerena et al., 2019; Kossack et al., 2023). Moreover,
68 internal tides increase sound speed variability in the ocean, which, in turn, affects underwater
69 acoustic propagation, as reviewed recently in Schonau et al. (2024), and also in Yang et al. (2010),
70 Colosi et al., (2013), Turgut et al. (2013), Noufal et al. (2022), among others. Changes in the
71 underwater acoustic propagation have direct applications for sonar performance precision,
72 bioacoustic source localization, acoustic tomography, and underwater acoustic communication.

73 Internal (baroclinic) tides are internal waves generated by the interaction of barotropic tides
74 with topography features in the stratified ocean environment (Wunsch, 1975; St. Laurent and
75 Garrett, 2002). These waves can radiate very far ($> 1000 \text{ km}$) from their region of origin (Dushaw
76 et al., 1995; Ray and Mitchum, 1996, 1997; Rainville and Pinkel, 2006; Alford and Zhao, 2007;
77 Buijsman et al., 2016, 2020), and up to 50% of the total baroclinic tidal energy can dissipate locally
78 through wave breaking, wave-wave interactions, and scattering towards higher harmonics and
79 wavenumbers (St. Laurent and Garrett, 2002; Lamb, 2004; Vic et al., 2019; Eden et al., 2020;
80 Solano et al., 2023). Increase in dissipation also occurs when internal tides interact with mesoscale
81 eddies, shifting these waves from stationary to non-stationary (e.g., Ray and Zaron, 2011; Zaron
82 and Egbert, 2014; Shriver, et al., 2014; Ponte and Klein, 2015; Buijsman et al., 2017; Zaron, 2017;
83 Nelson et al., 2019; Wang and Legg, 2023; Yadidya et al., 2024; Delpeche et al., 2024).

84 Recent computational advancements have allowed the inclusion of tides in high-resolution
85 global ocean models (Arbic et al., 2012, 2018; Arbic, 2022). However, the variation in model
86 parameters and grid-spacing can affect how internal tides are represented in these models and their
87 consequent wave-wave and wave-mean flow interactions. For example, the increase in bathymetry
88 resolution generates stronger internal tides at a local scale (Xu et al., 2023). Furthermore, Buijsman
89 et al. (2020) showed that decreasing the horizontal grid spacing from 8 km to 4 km in realistic,
90 global HYbrid Coordinate Ocean Model (HYCOM) simulations increased the semidiurnal
91 barotropic-to-baroclinic tidal conversion by 50%. This enhancement in tidal conversion is
92 associated with an increase in the number of vertical modes resolved (from 1-2 to 1-5 M_2 modes)
93 and a better representation of wave-wave interactions.

94 Nelson et al. (2020) found that decreasing the horizontal grid spacing in regional
95 Massachusetts Institute of Technology general circulation model (MITgcm) simulations from 2 to
96 0.25 km greatly improves the internal wave frequency spectra, and that decreasing only the vertical
97 grid spacing by a factor of three (from 90 to 270 depth levels) does not yield any significant
98 improvement. However, increasing both vertical and horizontal grid spacing yielded the best
99 comparison of internal wave frequency spectra to observations. Also using regional MITgcm
100 simulations, Thakur et al. (2022) found that increasing the vertical grid spacing from 109 to 264
101 depth levels for a horizontal grid spacing of $1/48^\circ$ ($\sim 2 \text{ km}$ in their domain) improved the
102 representation of small-vertical-scale density and velocity fluctuations, improving the internal
103 wave (IW) field, which, in turn, better represented IW-induced mixing and dispensed the need for
104 the background value of the KPP mixing-parameterization.

105 Although the impact of increasing vertical spacing grid on internal tides in MITgcm has been
106 investigated, an in-depth study on the impact of the increase in vertical grid-spacing in HYCOM,
107 which uses isopycnal coordinates in the stratified ocean interior as opposed to constant depth
108 coordinates (or z-levels) as in MITgcm, is still lacking. Thanks to the isopycnal coordinate system,
109 HYCOM needs significantly fewer vertical layers compared to z-level models to resolve the same

110 number of vertical modes (Buijsman et al., 2020, 2024; Xu et al., 2023). Using several criteria to
111 determine how many modes are resolved, Buijsman et al. (2024) predicts that a realistically forced
112 global HYCOM simulation with 41 hybrid vertical coordinates and $1/25^\circ$ (~ 4 km) horizontal grid-
113 spacing resolves on average 6 to 12 modes, with the number of modes resolved decreasing
114 poleward due to the reduction in stratification and the increase in the layer thickness in the ocean
115 interior. They also found that for this global HYCOM simulation the limiting factor for the
116 resolution of vertical modes for the dominant semidiurnal (M_2) internal tides in the tropics is the
117 horizontal grid-spacing, whereas at higher latitudes the vertical grid-spacing becomes the limiting
118 factor. With the continuous surge in computational power, it has become imperative to understand
119 the implications of increasing resolutions and the benefits they bring to simulations, in an attempt
120 to find the optimal equilibrium between computational efficiency and efficacy.

121 There has been an increase in the number of submesoscale-resolving regional and basin-scale
122 HYCOM simulations developed in the past years, such as the $1/100^\circ$ (~ 1 km) horizontal grid-
123 spacing simulation for Gulf of Mexico and $1/50^\circ$ (~ 2 km) simulation for the North Atlantic
124 (Chassignet and Xu, 2017; Hiron et al., 2021, 2022; Uchida et al. 2022; Xu et al., 2023; Chassignet
125 et al., 2023). Recent discussions among oceanographers and ocean modelers center on performing
126 a global HYCOM simulation with tidal forcing and finer horizontal grid-spacing on the order of
127 $1/50^\circ$, and even potentially $1/100^\circ$ in the future, to replace the current state-of-the-art global
128 HYCOM with $1/25^\circ$ grid spacing. However, the optimal number of layers for such simulation is
129 still an open question, with a debate surrounding the number of layers needed to resolve a given
130 number of baroclinic modes. Xu et al. (2023) shows that, in theory, a HYCOM simulation with
131 sufficient horizontal resolution only requires two layers (i.e., one interface depth) to resolve the
132 first baroclinic Rossby radius of deformation, as long as the interface is placed at the depth of the
133 zero-crossing of the 1st baroclinic mode of the horizontal velocity eigenfunction. Similarly, only
134 two interface depths are needed to resolve the second baroclinic Rossby radius of deformation,
135 and so on. Thus, according to Xu et al. (2023), only n number(s) of interface depths are needed to
136 resolve the n th baroclinic mode of meso- and large scale motions. However, they also find that
137 three interface depths ($3*n$) are required for the maximum amount of energy (kinetic and available
138 potential energy) permitted by a given horizontal grid spacing to be projected onto the first
139 baroclinic mode, assuming that neither horizontal nor vertical grid-spacing are limiting. In other
140 words, one interface depth will “allow” energy to be projected onto the first baroclinic mode, but
141 three interface depths are needed to maximize the energy in this mode provided that horizontal
142 grid-spacing and number of layers are not limiting.

143 For internal tides, Buijsman et al. (2024) test different criteria to determine when a vertical
144 mode is resolved by the vertical number of layers. They argue that for the global $1/25^\circ$ grid-spacing
145 HYCOM simulation, a given mode cannot be resolved if two horizontal velocity eigenfunction (u -
146 eigenfunctions) zero-crossings occur within the same isopycnal layer. Thus, according to Buijsman
147 et al. (2024), at least n interface-depths is required to resolve the n th baroclinic mode, provided
148 that only one u -eigenfunction zero-crossing is located in each layer. This criteria is less strict than
149 Xu et al. (2023) to some extent, as the interface depths were not required to coincide with the zero-
150 crossing of a given u -eigenfunction. Once again, by “resolving” we mean energy being projected
151 onto the modes, but not necessarily the maximum amount permitted by the horizontal grid-spacing.
152 For this manuscript, we want to test the optimal number of layers that not only “allow” energy to
153 be projected onto the maximum number of baroclinic modes, but that also maximize the energy in
154 this mode permitted if both horizontal grid-spacing and number of layers are not limiting.

155 This paper investigates the impact of the increase in the number of vertical layers in a ~ 1 -km
156 grid-spacing HYCOM simulation on (1) the representation of internal tide energetics (kinetic
157 energy and available potential energy) and squared vertical shear, (2) the number of tidal baroclinic
158 modes resolved and the amount of kinetic energy and available potential energy contained in the
159 lower and higher modes, and (3) the subsequent effects on sound speed variability and underwater
160 acoustic propagation. The above will be investigated using an idealized configuration of HYCOM
161 with a $1/100^\circ$ horizontal grid-spacing, forced solely with semidiurnal barotropic tide and having a
162 density profile characteristic of the tropics. Different numbers of vertical layers (all isopycnal) and
163 two different types of grid discretization will be employed. The idealized configuration allows us
164 to isolate the internal wave problem and avoid “contamination” from meso- and large scale
165 motions, wind-driven near-inertial waves, and wave-mean flow interactions. One important
166 characteristic that we are not investigating in this study is the internal wave continuum frequency
167 and vertical wavenumber spectrum, which is also impacted by vertical resolution (e.g., Nelson et
168 al. 2020, Thakur et al. 2022), but which only arises in a configuration with extensive wave-wave
169 interactions. The impact of vertical resolution on continuum spectra and mixing, that are sensitive
170 to very short scales, may differ from the impact of vertical resolution on bulk quantities considered
171 in internal tide energetics, which are contained in the lower tidal vertical modes.

172 **2. Methodology**

173 **2.1. HYbrid Coordinate Ocean Model (HYCOM)**

174 The HYbrid Coordinate Ocean Model (HYCOM) is a hydrostatic ocean general circulation
175 model system (Bleck, 2002). Recent modeling advancements, such as smaller grid-spacing and
176 hourly outputs, have allowed the inclusion of both barotropic and internal tidal components into
177 HYCOM and have expanded our understanding of tidal dynamics on a global scale (Arbic et al.,
178 2012, 2018; Arbic, 2022). HYCOM uses isopycnal coordinates in the stratified ocean interior,
179 pressure coordinates near the surface and in the mixed layer, and terrain-following coordinates on
180 the shelves (Chassignet et al., 2003; 2009). HYCOM’s unique vertical coordinate system
181 distinguishes it from other global models that use z-level coordinates such as MITgcm or the
182 European model NEMO. In our idealized simulations, only isopycnal coordinates were used.

183 **2.2. Idealized configuration**

184 An idealized configuration is chosen to study the effects of vertical resolution on internal tide
185 energetics without potential contamination from meso- and large-scale motions. The idealized
186 configuration consists of a two-dimensional box, with $1/100^\circ$ horizontal grid-spacing, 8000 grid-
187 points in the longitudinal direction, and 4000 m depth. The simulations use HYCOM version
188 2.3.01, has hourly outputs, and is only forced by the semidiurnal (M_2) tidal constituent. M_2 is the
189 largest lunar constituent and its internal tide field contains about 70% of all tidal energy (Egbert
190 and Ray, 2003). The amplitude of the barotropic tide used here is equal to the tidal amplitude of
191 the Amazon shelf, an area known for its relatively large tides. The simulations are initialized with
192 a generic density profile representative of the tropic. To avoid freshwater influence from the
193 Amazon shelf region, the “generic” density profile from the tropics is obtained by averaging World
194 Ocean Atlas 2018 climatology (Garcia et al., 2019) over 17° N – 23° N and 27° W – 12° W during
195 the summer months (Figure 1a,b), referenced to the surface (sigma zero; σ_0). This density profile
196 is used for the initial and boundary conditions. A ridge with a Gaussian shape was added in the

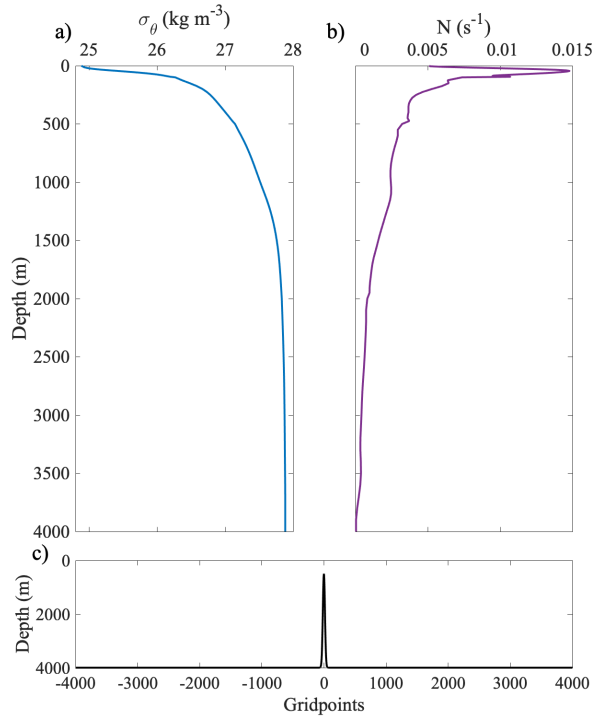
197 center of the domain with a height of 3500 *m* and a standard deviation (also called Gaussian root
198 mean square width) of 17 *km* (Figure 1c).

199 Some non-dimensional parameters are provided below to characterize the regime of the
200 baroclinic tides, following Garrett and Kunze (2007) and Buijsman et al. (2010). These parameters
201 are computed based on the following variables of our configuration: the amplitude of the tidal
202 barotropic velocity U_0 over the ridge is $\sim 0.05 \text{ m s}^{-1}$, the maximum ridge height H is 3500 *m*, the
203 maximum buoyancy frequency N_{max} is 0.015 s^{-1} , and the topographic length scale (Gaussian
204 standard deviation; σ or L) is 17 *km*. The criticality of the slope γ is expressed as $\gamma = \max\left(\frac{1}{\alpha} \frac{\partial h}{\partial x}\right)$,

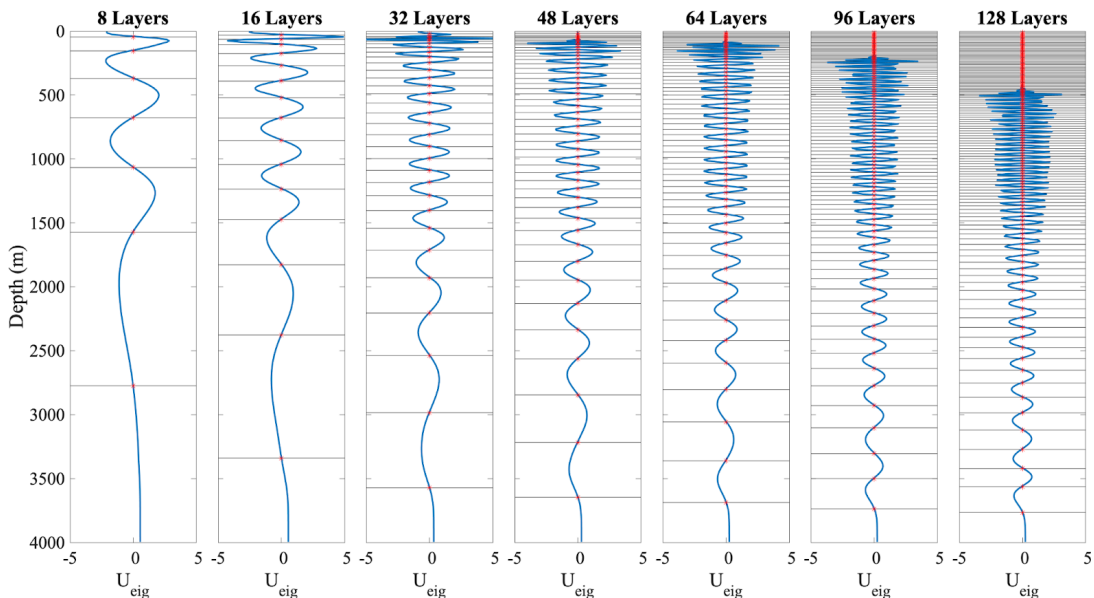
205 where $h(x)$ is the topographic height, and $\alpha = \sqrt{\frac{\omega^2 - f^2}{N^2 - \omega^2}}$, with ω being the M_2 tidal frequency, f
206 the Coriolis frequency (near zero for our case), and N the buoyancy frequency. The slope
207 parameter for our configuration is ~ 2.3 , i.e., supercritical ($\gamma > 1$), which means the ridge slope is
208 steep enough to generate nonlinear waves and well-defined internal wave beams that are directed
209 diagonally downward (Balmforth et al., 2002; Garrett and Kunze, 2007; Buijsman et al., 2010).
210 Strong velocity shear along the beams is also presented with this regime. The tidal excursion
211 number [$Ex = U_0/(L\omega)$] associated with our configuration is small, ~ 0.02 ($Ex \ll 1$), which
212 guarantees the generation of coherent internal wave beams, with baroclinic velocity substantially
213 larger than barotropic tidal velocity and wave beam angle associated with the M_2 -tidal barotropic
214 forcing frequency (Jalali et al., 2014). The topographic Froude number [$Fr_t = U_0/(N_{max}H)$] is
215 also small, $\sim 1 \times 10^{-4}$ ($Fr_t \ll 1$), which means that the flow is affected by the topography and
216 blocking occurs. Thus, with $\gamma > 1$, $Ex \ll 1$, and $Fr_t \ll 1$, our configuration falls between regimes
217 4 and 5 of Garrett and Kunze (2007). This regime includes nonlinear internal hydraulic jumps and
218 generation of internal waves at higher harmonics of the forcing frequency, and is similar to the
219 regime found in the Luzon Strait in Buijsman et al. (2010).

220 To document the effect of the vertical resolution on internal tides, multiple simulations are
221 carried out keeping all other parameters constant and only varying the numbers of isopycnal layers
222 and grid discretization. Two sets of vertical grid discretization are tested to examine the
223 dependency of our results on the way the layers are distributed. In the first set of experiments, the
224 interface depths are defined using the zero-crossings of the horizontal velocity eigenfunctions (also
225 called u -eigenfunctions; Kelly, 2016; Kelly and Lermusiaux, 2016) based on the density profile
226 (Figure 1a). For a simulation of n layers, the interface depths are defined as the depths of the zero-
227 crossings of the $(n-1)^{th}$ mode u -eigenfunction for the ocean interior, plus the “surface”, considered
228 as the interface at pressure equals zero, and the bottom, providing then a vertical grid with n
229 number of layers. The logic behind the usage of u -eigenfunctions to define the layers come from
230 the fact that to resolve a specific mode number in an isopycnal model, the interface layers should
231 coincide with the zero-crossings of the u -eigenfunction, ensuring that the maximum horizontal
232 velocity occurs within each layer (Buijsman et al., 2024; Xu et al., 2023). Although we are not
233 solving more than the first few baroclinic modes in these simulations due to limitations in
234 horizontal and vertical resolution (Buijsman et al., 2020), this technique is an objective way to
235 define the interface depths of our simulations. Seven simulations are performed with the following
236 number of vertical layers: 8, 16, 32, 48, 64, 96, 128 (Figure 2). For the second set of simulations,
237 we start with the 128-layer simulation described above, and merge consecutive layers to obtain

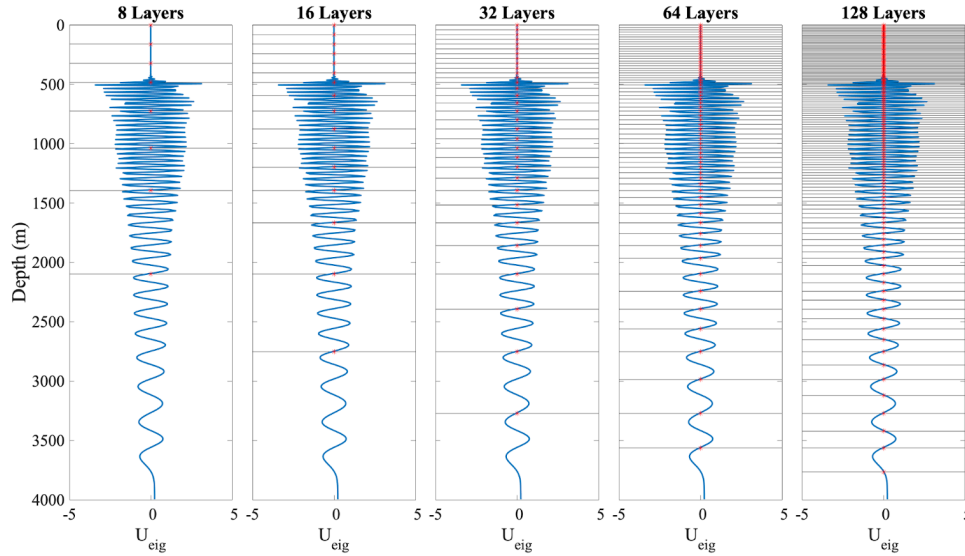
238 vertical grids with the following number of layers: 8, 16, 32, and 64 layers (Figure 3). See Section
 239 2.3 for more information on the vertical mode decomposition.



240
 241 Figure 1. a) Density profile used as the initial condition for all simulations and associated b) buoyancy
 242 frequency. c) Topography of the idealized configuration, with a 3500 m high ridge in the middle of the
 243 domain.



244
 245 Figure 2. Horizontal velocity eigenfunctions (blue curves) with the location of the zero-crossings (red stars).
 246 The black horizontal lines intersecting the red stars are the interface depths used to initialize the first set of
 247 simulations with 8, 16, 32, 48, 64, 96, and 128 layers.



248

249 Figure 3. Distribution of interface-depths (black horizontal lines) for the second set of simulations based
 250 on merging consecutive layers starting from the 128-layer simulation defined by the zero-crossings of the
 251 u -eigenfunction (blue curves in all subplots) with 8, 16, 32, 64, and 128 layers. Please note that the 128-
 252 layer simulation is the same in both sets.

253 Zonal boundaries feature a relaxation time ranging from 0.1 to 1 day, accompanied by high
 254 viscosity, to avoid reflection on the zonal boundaries. All vertical physics, including the K-Profile
 255 Parameterization (KPP) scheme, are turned off. Note that the publicly available version of
 256 HYCOM does not support strict 2-dimensional simulations. To address this, we introduced five
 257 additional grid-points in the meridional direction and enforced a zero meridional velocity (v) at
 258 each time step. This approach allows us to maintain a computationally efficient simulation while
 259 preventing wave reflections in the meridional direction. The configuration is symmetric with
 260 respect to the ridge; thus, for practicality, the energy diagnostics are done on one side of the domain
 261 and integrated from the ridge to a point 250 km from the ridge. The simulations are run for 30 days
 262 with hourly outputs (total of 721 time steps). All analyses, except for the KE spectra, are conducted
 263 over four tidal periods after the model reaches equilibrium, which occurs after 8 days. The KE
 264 spectra is computed over the remaining days after equilibrium, a total of 22 days.

265 2.3. Vertical mode decomposition

266 Baroclinic fields can be decomposed into vertical standing waves (normal modes) that
 267 propagate horizontally (Gerkema and Zimmerman, 2008; Kelly et al., 2012; Kelly, 2016; Buijsman
 268 et al., 2014; Buijsman et al., 2020, Early et al., 2021; Raja et al., 2022). The vertical velocity
 269 eigenfunction $\mathcal{W}_n(z)$ of the mode n can be found by solving the following Sturm-Liouville
 270 equation

$$271 \frac{\partial^2 \mathcal{W}_n(z)}{\partial z^2} + \frac{N^2}{c_n^2} \mathcal{W}_n(z) = 0 \quad (1)$$

272

273 where c_n is the eigenspeed, $N = \sqrt{-\frac{g}{\rho_0} \frac{\partial \rho(z)}{\partial z}}$ is the buoyancy frequency computed using the
 274 initial potential density profile ρ referenced to the surface (Figure 1a), g is the acceleration of

275 gravity, ρ_0 is the constant density associated with the Boussinesq approximation, taken here as
 276 1027 kg m^{-3} , and z is the vertical coordinate. The eigenspeed is expressed as

$$277 \quad c_n = \frac{\sqrt{\omega^2 + f^2}}{k_n} \quad (2)$$

278 where ω and f are the M_2 and Coriolis frequencies, respectively, and k_n is the horizontal
 279 wavenumber. The horizontal velocity eigenfunction (or u -eigenfunction) is then found by taking
 280 the derivative of $\mathcal{W}_n(z)$ in the z direction,

$$281 \quad u_n(z) = \frac{\partial \mathcal{W}_n}{\partial z}(z), \quad (3)$$

282 and normalizing it by the depth averaged u_n amplitude, i.e., $\sqrt{\frac{1}{H} \int_0^H u_n^2(z) dz}$, where H is the water
 283 column depth, following the same method as previous studies (Gill, 1982; Gerkema and
 284 Zimmerman, 2008; Kelly et al., 2012; Kelly, 2016; Buijsman et al., 2014; Buijsman et al., 2020,
 285 Early et al., 2021; Raja et al., 2022). The u -eigenfunction for mode numbers 8, 16, 32, 48, 64, 96,
 286 and 128 (blue lines) and the corresponding zero-crossings (horizontal black lines) are shown in
 287 Figure 2.

288 **2.4. M_2 energetics and vertical shear**

289 All quantities described below were computed in the original HYCOM grid (isopycnal layers),
 290 including tidal energetics, squared vertical shear, barotropic-to-baroclinic conversion, and
 291 dissipation. The only quantities computed on interpolated fields are the u - and w - eigenfunctions
 292 and modal kinetic energy and available potential energy (section 2.4.4). These were estimated by
 293 interpolating the density profile in the original vertical grid into an equidistant vertical grid, with
 294 a one meter vertical grid-spacing, using a Piecewise Cubic Hermite Interpolating Polynomial.

295 *2.4.1. Tidal barotropic-to-baroclinic energy conversion and dissipation*

296 Tidal barotropic-to-baroclinic energy conversion is computed as in Kelly et al. (2012):

$$297 \quad C(x, t) = p'_{bottom}(x, t) u_{btp}(x, t) \frac{\partial H(x)}{\partial x} \quad (4)$$

298 where u_{btp} is the barotropic tidal velocity, p'_{bottom} is the perturbation pressure at the bottom,
 299 and H is the depth of the water column. The perturbation pressure is computed by removing the
 300 time-mean and the depth-mean pressure from the pressure field. The vertically-integrated
 301 baroclinic energy flux F_p can be computed as the product of the perturbation baroclinic velocity
 302 u'_{bcl} and the perturbation pressure p' integrated vertically in the water column:

$$303 \quad F_p(x, t) = \int_0^z u'_{bcl}(x, z, t) p'(x, z, t) dz. \quad (5)$$

304 The perturbation baroclinic velocity is computed by removing the time-mean velocity from the
 305 velocity field. The residual between the tidal barotropic-to-baroclinic energy conversion and the
 306 baroclinic energy flux divergence integrated over a domain provides an indirect estimation of the
 307 amount of energy dissipated D locally/within the domain:

$$308 \quad D = C - \nabla \cdot F_p \quad (6)$$

309

310 *2.4.2. Kinetic energy and available potential energy*

311 The available potential energy (*APE*) is computed following Gill (1982) and Kundu (1990):

312
$$APE = \frac{1}{2} \rho_0 N^2 \zeta^2 \quad (7)$$

313 where N is the buoyancy frequency at time zero, and ζ is the displacement of the isopycnals
 314 relative to its position at time zero. Kang and Fringer (2010) remarked that the equation above
 315 (APE_3 in their paper), derived from linear theory, is used in internal wave calculations for slowly
 316 varying density fields, and that another equation (APE_2 in their paper) is more suitable to account
 317 for strong nonlinear and nonhydrostatic effects. In this paper, the results using the two equations
 318 were almost identical, in agreement with the fact that HYCOM is a hydrostatic model and that our
 319 density profile does not present any “too” sharp vertical density gradient (the domain has a
 320 horizontally uniform stratification). Thus we choose to use the *APE* equation presented above
 321 following Gill (1982) and Kundu (1990).

322 The total baroclinic kinetic energy *KE* is computed as follows:

323
$$KE_{bcl} = \frac{1}{2} (u_{bcl}^2 + w^2) \quad (8)$$

324 where u_{bcl} is the baroclinic zonal velocity, and w is the vertical velocity. The vertical *KE* is
 325 computed using only the vertical velocity w .

326 *2.4.3. Squared vertical shear*

327 Squared vertical shear S^2 is computed using both the baroclinic zonal and vertical velocity
 328 components, as follows

329
$$S^2 = \left(\frac{\partial u_{bcl}}{\partial z} \right)^2 + \left(\frac{\partial w}{\partial z} \right)^2. \quad (9)$$

330 Conversion, baroclinic *KE*, *APE*, and vertical shear were computed after the model reached a
 331 stable state, which was reached after 200 hours.

332 *2.4.4. Modal energetics*

333 Following Gerkema and Zimmerman (2008), Kelly et al. (2012), and Buijsman et al. (2014,
 334 2020), and using equations 1 and 3, we can find how much *KE* and *APE* is present in each vertical
 335 mode. For that, first, we compute the modal amplitudes of the zonal velocity by projecting the u -
 336 eigenfunctions onto the vertical profiles of horizontal velocity:

337
$$\hat{u}_n = \frac{1}{H} \int_0^H \mathcal{U}_n(z) u(z) dz. \quad (10)$$

338 As done in Raja et al. (2022), we multiply the u -eigenfunction by the zonal velocity u . We then
 339 compute the horizontal velocity associated with each mode by multiplying the modal amplitudes
 340 by the u -eigenfunctions:

341
$$u_n(z) = \hat{u}_n \mathcal{U}_n(z). \quad (11)$$

342 The modal amplitude of the vertical velocity associated with mode n is as follows:

343
$$\widehat{w}_n = \frac{1}{H} \int_0^H \mathcal{W}_n(z) w(z) N^2(z) dz, \quad (12)$$

344
$$w_n(z) = \widehat{w}_n \mathcal{W}_n(z). \quad (13)$$

345 The isopycnal vertical displacement ζ is:

346
$$\widehat{\zeta}_n = \frac{1}{H} \int_0^H \mathcal{W}_n(z) \zeta(z) N^2(z) dz, \quad (14)$$

347
$$\zeta_n(z) = \widehat{\zeta}_n \mathcal{W}_n(z). \quad (15)$$

348 Modal *KE* and *APE* are then computed following equations 7 and 8.

349 **2.5. Sound speed and underwater acoustic propagation**

350 *2.5.1. Sound speed*

351 The sound speed *ssp* ($m s^{-1}$) was computed following Mackenzie (1981)'s equation:

352
$$ssp = 1448.96 + 4.591 T - 5.304 \times 10^{-2} T^2 + 2.374 \times 10^{-4} T^3 +$$

353
$$(S - 35)(1.340 - 1.025 \times 10^{-2} T) + 1.630 \times 10^{-2} Z +$$

354
$$1.675 \times 10^{-7} Z^2 - 7.139 \times 10^{-13} T Z^3.$$

355 where T is the in situ temperature in $^{\circ}C$, converted from the HYCOM potential temperature, S
 356 is salinity, and Z is depth (positive values). Temperature and salinity were first interpolated to 1 m
 357 depth surfaces, using a Piecewise Cubic Hermite Interpolating Polynomial, prior to calculating
 358 sound speed.

359 *2.5.2. Underwater acoustic propagation*

360 Using the model sound speed, Bellhop 3D was used to model acoustic propagation. Bellhop
 361 3D is available from the Ocean Acoustics Laboratory Acoustic Toolbox
 362 (<http://oalib.hlsresearch.com/AcousticsToolbox>; Porter, 2011). Bellhop is a ray-tracing model that
 363 can trace propagation pathways using either 3D or 2D pressure fields. Bellhop 3D was run for a
 364 1500 Hz source placed at 20 m depth at the ridge using each of the 18 HYCOM model hourly time
 365 steps. The model was run in semi-coherent mode, to increase sensitivity to ray phases, and output
 366 acoustic transmission loss (TL), a measure of acoustic loss from both attenuation and spreading
 367 (Urlick, 1982). The idealized HYCOM model output for each time stamp, which is strictly zonal,
 368 was replicated in the meridional direction so that some 3D acoustic impacts may be seen. The goal
 369 was to examine the sensitivity of the upper-ocean sound speed structure and acoustic propagation
 370 to the internal tide layers at relatively short ranges ($<150 km$). Additionally, we calculated the sonic
 371 layer depth (SLD), the depth of subsurface sound speed maximum above which an acoustic duct
 372 can form, the below-layer gradient (BLG), the gradient in sound speed in the 100 m transitional
 373 layer below the SLD, and the in-layer gradient (ILG), defined as the gradient of sound speed in
 374 the sonic layer. These can at times be indicators for surface-layer duct propagation (Urlick, 1982;
 375 Helber et al., 2012; Colosi and Rudnick 2020).

376 **3. Tidal energetics and squared vertical shear**

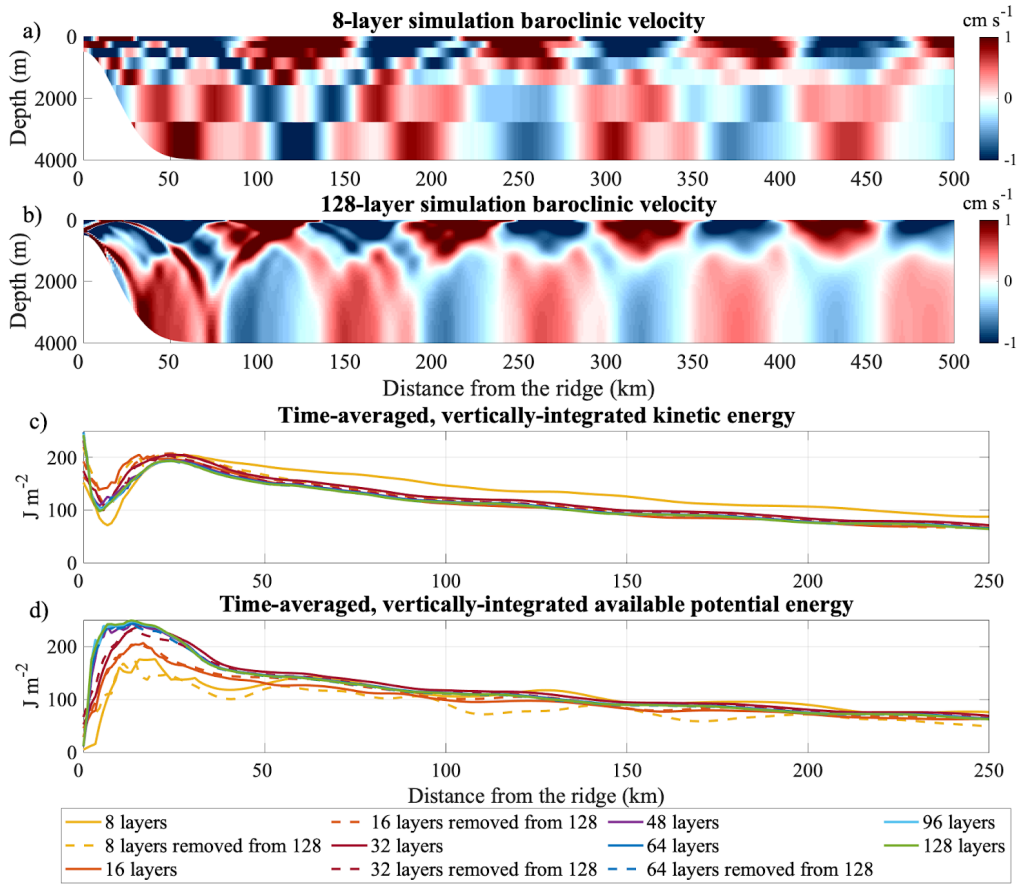
377 **3.1. Baroclinic kinetic energy and available potential energy spatial patterns**

378 A snapshot of the baroclinic velocity field for each of the 8- and 128-layer simulations, with
379 grid-spacing defined based on the u -eigenfunctions, are shown in Figure 4a,b. The wave beams
380 are clearly seen radiating from the ridge in both simulations, in agreement with the properties of
381 our configuration with a supercritical ridge and low excursion rate (see Section 2.2) and previous
382 studies (Garrett and Kunze, 2007; Buijsman et al., 2010; Jalali et al., 2014). The 128-layer
383 simulation has wave beams with more details and smaller structures when compared to the 8-layer
384 simulation, which has much coarser vertical grid spacing; however, the ability of the 8-layer
385 simulation to resolve the wave beams is still noteworthy. The presence of wave beams is due to
386 the superposition of baroclinic modes (Gerkema, 2008).

387 It is notable that the peaks in baroclinic velocity, or internal wave beam bounces, both at the
388 surface and at the bottom are not at the same place for the 8- and 128-layer simulations for the
389 same time-snapshot – there is a lag in space. Further in the manuscript we show that this lag is
390 due to differences among simulations in wavelength and phase speed for the first baroclinic mode.
391 Values of wavelength and phase speed for the first baroclinic modes decrease with the increase in
392 the number of layers up to 48 layers, and remain constant for further increases in the number of
393 layers beyond 48. The spatial pattern of the time-averaged, depth-integrated baroclinic KE and
394 APE across the domain is shown in Figure 4c,d. Due to the symmetry of the domain, only one half
395 is shown and we provide a zoomed view within the first 250 km away from the center of the ridge.

396 The time-averaged, vertically-integrated baroclinic KE shows the same spatial pattern across
397 simulations with different vertical resolutions: a peak at ~ 24 km away from the ridge, and a smooth
398 decay further from it (Figure 4c). Roughly the same values of KE are found for all simulations
399 independent of the grid-discretization and number of layers, except for the two simulations with 8
400 layers and, to some extent, the 16-layers simulations, at locations between 12 km to ~ 60 km away
401 from the ridge. In contrast, APE magnitude differs more among simulations with different numbers
402 of layers up to 48 layers, especially within the first 50 km from the ridge, and maintains similar
403 magnitude in the simulations with higher layer counts (Figure 4d). With the addition of more layers
404 beyond 48 layers, the results converge independent of the grid-discretization, highlighting the
405 importance of adding isopycnal layers over modifying the grid-discretization. One maximum peak
406 in APE is present at ~ 15 km with a value of $250 J m^{-3}$ for simulations with at least 48 layers. For
407 the two 16-layer simulations, the peak of maximum APE is $200 J m^{-3}$ whereas the peak is as low
408 as $160 J m^{-3}$ in the 8 layers defined by the zero-crossings of the u -eigenfunction.

409 The baroclinic KE and APE peaks are not too far from the point of maximum steepness of the
410 ridge (~ 20 km) and, consequently, the location of maximum tidal barotropic-to-baroclinic energy
411 conversion. It is important to note that KE and APE are of the same order of magnitude and that
412 both decay away from the ridge. The decay in tidal energy away from the source has been
413 previously documented and attributed, among others, to nonlinear and wave-wave interactions
414 (e.g., St. Laurent and Garrett, 2002; Lamb, 2004; Vic et al., 2019; Eden et al., 2020; Solano et al.,
415 2023). Other potential causes of energy decay in our simulations could be attributed to linear wave
416 dispersion and numerical mixing.



417

418 Figure 4. Snapshot of tidal baroclinic velocity for the a) 8-layer and b) 128-layer simulations forced solely
 419 by semidiurnal frequency, and with a $1/100^{\circ}$ (~ 1 km) horizontal grid-spacing. Time-averaged, vertically-
 420 integrated (c) kinetic energy and (d) available potential energy. Solid lines are the simulations with layers
 421 defined using the zero-crossings of u -eigenfunctions, and the dashed lines are the simulations with layers
 422 defined by merging layers from the 128-layer simulation. Note that the x-axis range in c) and d) focuses on
 423 the first 250 km from the center of the ridge.

424 3.2. Domain-integrated tidal energy conversion, baroclinic kinetic energy, and available 425 potential energy

426 Tidal barotropic-to-baroclinic energy conversion, APE, baroclinic KE, and vertical KE,
 427 integrated from the center of the ridge ($x = 0$) to 250 km from the ridge, for the two different
 428 vertical grid-discretization and different numbers of layers are shown in Figure 5. Tidal energy
 429 conversion differs slightly between simulations, with a small increase in averaged conversion with
 430 the increase in the number of layers for both sets of simulations until 32 layers, and it remains
 431 constant with further increase in layers (Figure 5a). Domain-integrated baroclinic kinetic energy,
 432 which is highly dominated by horizontal baroclinic kinetic energy by two orders or magnitude,
 433 decreases with the increase in the number of layers, independently of the grid-discretization
 434 (Figure 5b). The values go from 3.6×10^{10} J for the 8-layer simulation defined by the zero-crossings
 435 of u -eigenfunctions, to 2.5×10^{10} J for the 128-layer simulation. Note that the value of KE for the
 436 8-layer defined by the zero-crossings of the 8th mode velocity eigenfunction stand out from the
 437 other simulations. We will see later that, for this simulation, less energy is being dissipated. The
 438 domain-integrated barotropic kinetic energy (not shown) is very similar among simulations with a

439 slight decrease with the increase in the number of layers, from 1.0×10^{10} J for the 8-layer
 440 simulations to 0.9×10^{10} J for the 128-layer simulation.

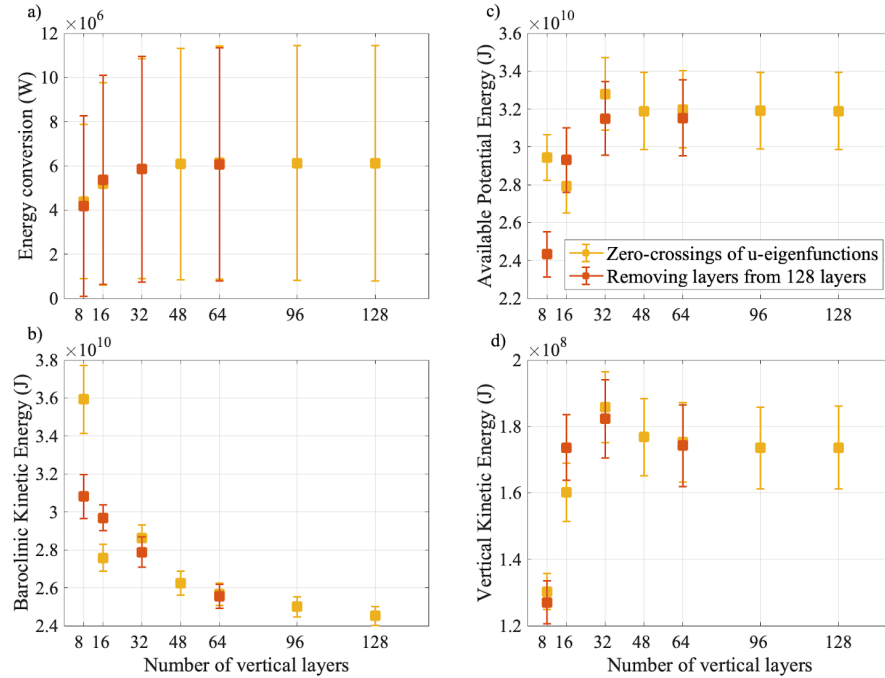
441 The domain-integrated APE shows an increase in value with an increase in vertical layers until
 442 48 layers, maintaining consistency in the simulations with higher layer counts (3.2×10^{10} J)
 443 independently of the grid-discretization (Figure 5c). This result agrees with findings from Figure
 444 5b and highlights the importance of increasing the number of layers over adjusting the grid-
 445 discretization. Consistent with Figure 4, domain-integrated APE is of the same order of magnitude
 446 as domain-integrated baroclinic kinetic energy. Last, the domain-integrated vertical KE appears to
 447 increase with the increase in the number of layers in simulations having up to 32 layers, then
 448 slightly decrease until reaching constant vertical KE among simulations for those with at least 48
 449 layers. While the vertical kinetic energy ($\frac{1}{2} w^2$) is considerably smaller by two orders of magnitude
 450 than the horizontal baroclinic kinetic energy, it remains connected to the vertical displacement of
 451 isopycnals, which can impact underwater acoustic propagation (section 5) and mixing of water
 452 properties. This underscores the significance of vertical kinetic energy, prompting us to illustrate
 453 how this characteristic evolves with alterations in the number of layers.

454 Dissipation was estimated as the residual between the tidal barotropic-to-baroclinic energy
 455 conversion and the pressure force divergence (Table 1). Dissipation exhibits a similar pattern to
 456 the barotropic-to-baroclinic tidal convergence (Figure 5a); dissipation increases with the increase
 457 in the number of layers until 32-layers, then slight decreases for simulations with more than 48
 458 layers, and remains constant after 96 layers. Notice the low value of dissipation for the 8-layer
 459 simulation defined by the zero-crossings of the u -eigenfunction compared to the dissipation of
 460 other simulations – this is in agreement with the higher values of baroclinic kinetic energy for this
 461 simulation (Figure 4 and Figure 5b).

462 Table 1. Dissipation (MW) estimated as the residual between the tidal barotropic-to-baroclinic energy
 463 conversion and baroclinic energy flux divergence integrated from 0 to 250 km from the center of the ridge.
 464 The vertical grid of the second set of simulations (second line in this table) is defined by merging subsequent
 465 layers from the 128-layer simulation defined by the zero-crossings of the u -eigenfunctions. Because of that,
 466 there is only one 128-layer simulation. The number of subsequent layers merged is a multiple of two (2, 4,
 467 8, and 16), and gives rise to the second set of simulations with 64, 32, 16, and 8 layers, respectively. No
 468 simulations with 48 and 96 layers are present in this method since those numbers are not a multiple of 128.

Method \ Number of layers	8	16	32	48	64	96	128
Zero-crossings of u-eigenfunctions	1.0	2.6	3.4	3.5	3.4	3.3	3.2
Merging layers	2.1	2.9	3.5	–	3.4	–	

469



470

471 Figure 5. a) Domain-integrated tidal barotropic-to-baroclinic energy conversion (W), b) baroclinic
 472 (horizontal + vertical) kinetic energy (J), c) available potential energy (J), and d) vertical kinetic energy (J)
 473 as a function of the number of vertical layers for two grid-discretizations: layers defined using the zero-
 474 crossings of u -eigenfunctions (yellow), and layers defined by merging layers from the 128-layer simulation
 475 (orange). All the above were integrated spatially from 0 to 250 km from the center of the ridge, and the
 476 standard deviation represents the temporal variability over four tidal cycles.

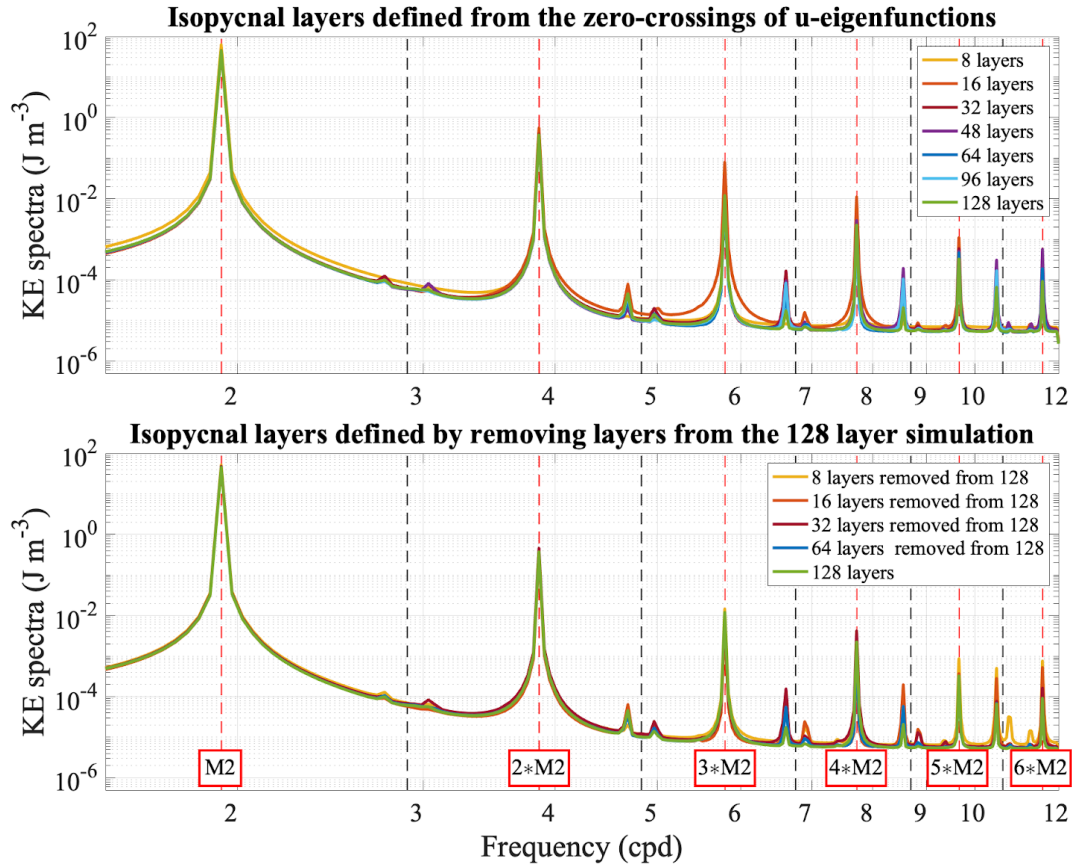
477 To understand the impact of numerical dissipation on the tidal energy, two model parameters
 478 were tested: the coefficient of quadratic bottom friction (c_b – parameter name in HYCOM) and the
 479 diffusion velocity for biharmonic thickness diffusion ($thkdf4$). The first, as the name indicates,
 480 dissipates energy in the bottom mixed layer through bottom friction, and the second dissipates
 481 energy by smoothing isopycnal interfaces. In the simulations presented so far, c_b and $thkdf4$ are set
 482 as 2.5×10^{-3} and 0.01 m s^{-1} , respectively, which are the standard for realistic and idealized
 483 HYCOM simulations. To test the influence of those parameters, twin simulations with 32 and 96
 484 layers with isopycnal layers defined using the zero-crossings of u -eigenfunction were performed
 485 with different c_b and $thkdf4$. The first set of experiments sets c_b as zero while keeping $thkdf4$ as
 486 0.01 m s^{-1} , and in the second set of simulations c_b is kept as 2.5×10^{-1} and $thkdf4$ is set to zero.
 487 When the bottom drag was set to zero, we found that the baroclinic kinetic energy and the APE
 488 for both 32- and 96-layer simulations increased by less than $0.01 \times 10^{10} \text{ J}$ ($< 0.3\%$ of increase) [not
 489 shown]. When the biharmonic thickness diffusion was set to zero, the baroclinic KE and APE
 490 increased by less than $0.05 \times 10^{10} \text{ J}$ ($< 1.5\%$ of increase) for both 32- and 96-layer simulations. The
 491 increases in baroclinic KE and APE associated with these two dissipation parameters were
 492 substantially smaller than the energy variation due to the number of layers.

493

3.3. Kinetic energy frequency spectra

494 The kinetic energy frequency spectra of the simulations with different numbers of vertical
 495 layers presented similar overall patterns, independent of the grid-discretization (Figure 6). It is
 496 important to note that even the simulations with only 8 layers reproduce all the peaks, which would
 497 be likely a challenge for models with only 8 z-levels, as highlighted by Buijsman et al., (2020,

498 2024) and Xu et al. (2023). The predominant internal tide frequency is semidiurnal (energy
 499 source). Wave-wave interactions lead to a transfer of energy to peaks at the frequencies multiple
 500 of the source frequency; in this case, peaks at M_4 , M_6 , M_8 , M_{10} , and M_{12} (e.g., Sutherland and
 501 Dhaliwal, 2022). Similar amplitude is seen for the M_2 frequency independent of the number of
 502 layers. At higher frequencies, nevertheless, less energy is found in simulations with a higher layer
 503 count.



504
 505 Figure 6. Baroclinic kinetic energy frequency spectra at 100 m depth, averaged over 0 to 250 km from the
 506 ridge, for different number of layers for grids defined (upper) by the zero-crossings of the u -eigenfunctions,
 507 and (lower) by merging intermediate layers from the 128-layer simulation. Note that the 128 layer
 508 simulation (green line) is the same in both sub-figures.

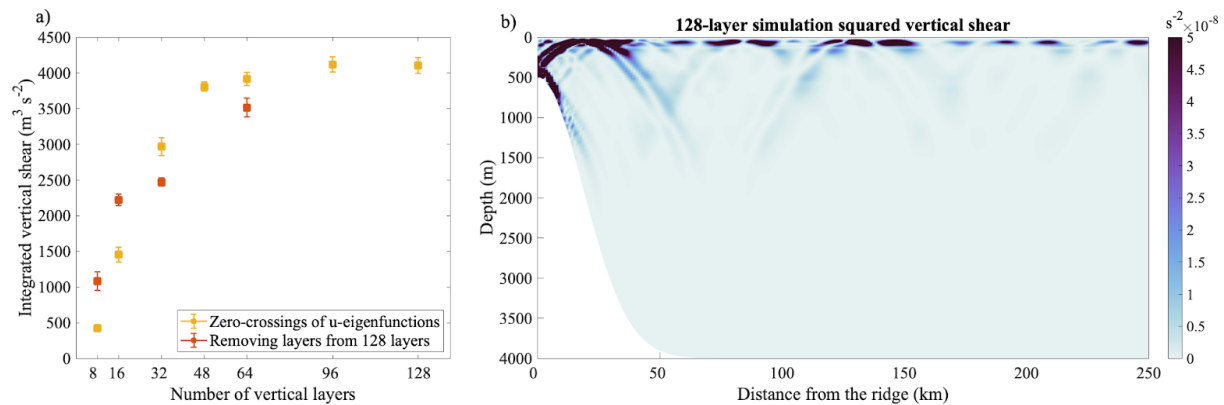
509 Peaks on each side of odd numbers of cycles per day (M_3 , M_5 , etc.) are observed in Figure 6,
 510 and believed to be associated with parametric subharmonic instability (PSI), also called Triad
 511 resonant instability (Varma and Mathur, 2017; Bourget et al., 2013). When PSI occurs, energy is
 512 transferred from a given input frequency to half that frequency, thus from higher to lower
 513 frequency. In domains with low viscosity, one peak at the half-frequency is observed; however, at
 514 higher viscosities, two peaks are observed, one on each side of the half-frequency. These peaks
 515 then interact with other frequency motions (M_2 , M_4 , M_6) and give rise to peaks at higher
 516 frequencies such as M_3 , M_5 , M_7 , etc. PSI motions have very small horizontal scales in the order of
 517 m but low frequency. The two peaks on each side of the half-frequency are well documented and
 518 were observed in idealized simulations (Koudella and Staquet, 2006; Sutherland and Jefferson,

519 2020) and laboratory experiments (see Figure 2 in Joubaud et al., 2012; and Figure 3 in Bourget
 520 et al., 2013).

521 3.4. Squared vertical shear

522 The domain-integrated squared vertical shear increases with the increase in the number of
 523 layers for the two different vertical-grid discretization and levels off from the 96 to 128 layer
 524 simulations (Figure 7a). The difference is significant, with values ranging from $\sim 425 \text{ m}^3\text{s}^{-2}$ for the
 525 8-layer simulation defined using the zero-crossings of u -eigenfunctions to $\sim 4100 \text{ m}^3\text{s}^{-2}$ for the 96-
 526 and 128-layers simulations. The 96- and 128-layer simulations presented high and sharp values of
 527 squared vertical shear in particular where wave beams are located (Figure 7b), contrasting from
 528 the lower resolution simulations that presented more diffuse and larger wave beams, leading to
 529 lower values of squared vertical shear (not shown). We notice lower shear values in the 32- and
 530 64-layer simulations defined from merging intermediate layers compared to their counterparts
 531 defined from the zero-crossings of u -eigenfunctions. This discrepancy is likely related to the fact
 532 that the latter has more layers in the upper 200 m, better resolving the high-amplitudes of vertical
 533 shear in the upper-ocean.

534 High values of vertical shear associated with internal tides can lead to wave breaking, and
 535 subsequent mixing in the ocean. In fact, a recent study by Thakur et al. (2022) showed that models
 536 resolving internal tides exhibited higher vertical shear, eliminating the need for the background
 537 component of the K-Profile Parameterization (KPP) vertical mixing scheme. The work presented
 538 here shows the importance of choosing the grid-spacing carefully to best represent internal tide
 539 dynamics and consequent impacts on vertical shear, and potential consequences on mixing.

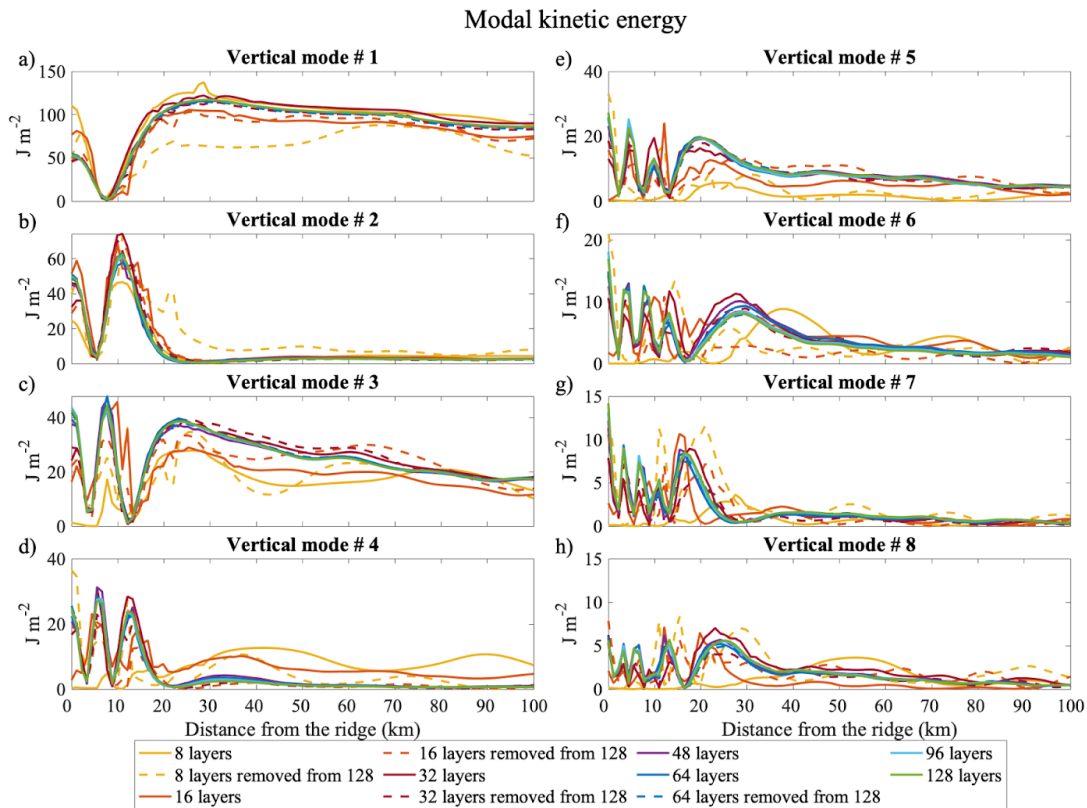


540 Figure 7. a) Same as 5a), but for the domain-integrated squared vertical shear. b) Snapshot of the squared
 541 vertical shear for the 128-layer simulation.
 542

543 4. Modal kinetic energy and available potential energy

544 Modal KE and APE for baroclinic modes one to eight are shown in Figures 8 and 9. For all
 545 simulations, KE and APE projected only on the first eight vertical modes, even for the 8-layer
 546 simulations. This result agrees with the criteria proposed by Xu et al. (2023) and Buijsman et al.
 547 (2024), in which only n -layers are needed to resolve n vertical modes. When comparing the total
 548 KE and APE with the sum of the modal KE and APE for the first 250 km from the ridge, we find
 549 that less than 3% of the total KE and APE is not projected onto modes, with the exception of the
 550 8-layer simulation defined by the merge of layers, for which 4.5% of the total KE was not projected
 551 onto the vertical modes. The residual (total KE and APE minus the sum of modal KE and APE)
 552 decreases with the increase in the number of layers.

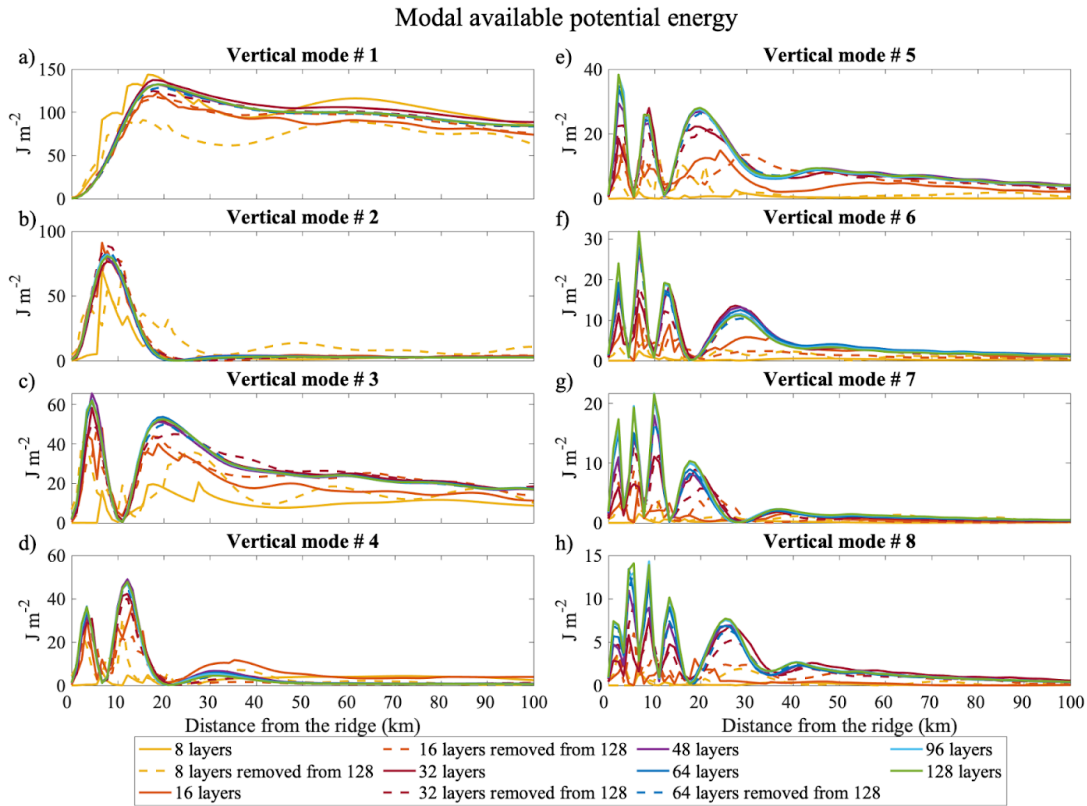
553 For the first 100 km from the ridge, more than half (~60%) of the total modal KE is contained
 554 in the first baroclinic mode for all the simulations, ~7% is contained in the second baroclinic mode,
 555 and 17% in the third baroclinic mode (Figures 8a-c). From 100 km to 250 km from the ridge,
 556 around 80% of the total modal KE is contained in the first baroclinic mode for all simulations,
 557 ~3% in the second baroclinic mode, and ~11% in the third baroclinic mode. Modal KE converges
 558 for simulations with at least 32 layers independent of the grid-discretization. For the simulations
 559 with 8- and 16-layers, modal KE appears to be lower, on average, than the higher-resolution ones
 560 for the 3rd and 5th baroclinic modes, and larger for 4th baroclinic mode. Most energy (> 90%) is
 561 contained in the first 5 modes, in agreement with Buijsman et al. (2024). The energy contained in
 562 higher modes decay rapidly away from the ridge, in agreement with previous studies (St. Laurent
 563 and Garrett, 2002; Lamb 2004; Vic et al., 2019; Eden et al., 2020; Solano et al., 2023).



564
 565 Figure 8. Vertically integrated, time-averaged contribution of each baroclinic mode on the total kinetic
 566 energy, from the 1st to the 8th baroclinic mode, for all simulations. Note that the ordinate axis varies for
 567 the different modes.

568 The differences caused by having different numbers of layers are more evident in the modal
 569 available potential energy (Figures 9). There is a clear increase in available potential energy with
 570 the increase in the number of layers, in particular for modes equal or higher than the 3rd baroclinic
 571 mode (Figure 9c-g). Modal APE converged for simulations with at least 48 layers independent of
 572 the grid-discretization. For the first 100 km from the ridge, and for simulations with at least 48
 573 layers, 60% of the total modal APE is contained in the first baroclinic mode. This number increases
 574 with the decrease in the number of layers. On average, for the first 100 km from the ridge, around
 575 7% is contained in the second baroclinic mode, and around 16% is contained in the third baroclinic
 576 mode (Figures 9a,c). From 100 km to 250 km from the ridge, around 84% of the total modal APE

577 is contained in the first baroclinic mode for all simulations, $\sim 3\%$ in the second baroclinic mode,
 578 and $\sim 10\%$ in the third baroclinic mode (this value is smaller for the 8-layer simulations and the
 579 16-layer one defined using the zero-crossings of u-eigenfunctions). The modal APE in the higher
 580 modes decayed rapidly away from the ridge compared to the energy associated with the first and
 581 third baroclinic modes. In summary, at least 48 vertical layers were needed to accurately resolve
 582 the APE associated with higher modes, in particular from the 3rd up to the 8th baroclinic mode.
 583 Both kinetic and available potential energy presented near zero values for modes higher than mode
 584 eight.

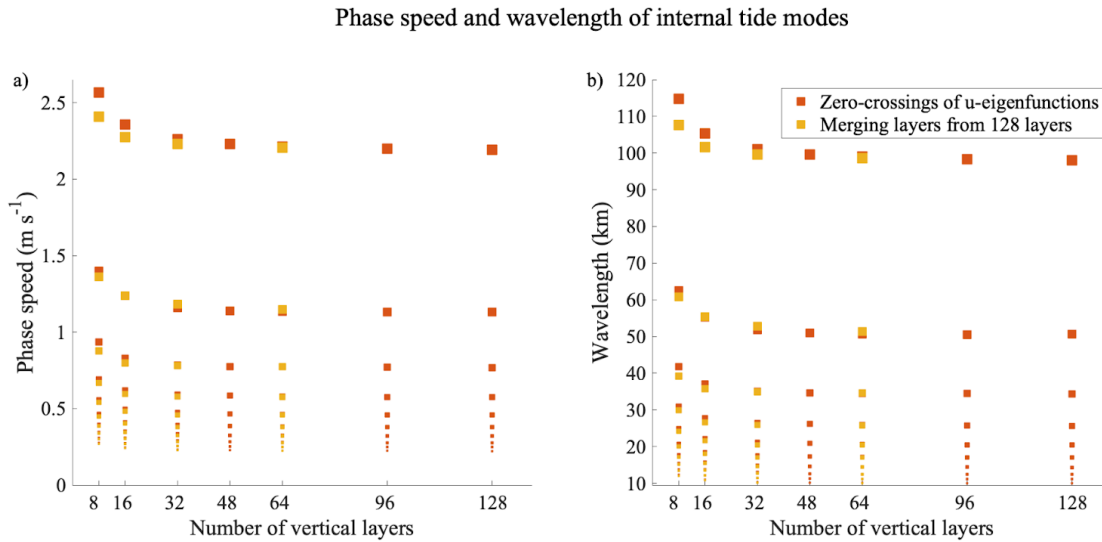


585
 586 Figure 9. Same as Figure 9, but for modal available potential energy focused on the first 50 km from the
 587 center of the ridge.

588 Phase speed and wavelength of the baroclinic tides for modes one to ten, estimated using the
 589 Sturm-Liouville equation, are shown in Figure 10. Both phase speed and wavelength decreased
 590 with the increase in the number of layers until 48 layers, and remained constant with additional
 591 layers, independent of the grid-discretization. Phase speed and wavelength for each mode
 592 decreased from $\sim 2.5 \text{ m s}^{-1}$ and 110 km in the 8-layer simulations to 2.2 m s^{-1} and 100 km in the 48-
 593 layer simulation, respectively, for the first baroclinic mode. In fact, the wave beams were observed
 594 to be located closer to the ridge in simulations with at least 48 layers, and they extended further
 595 from the ridge when decreasing the number of layers (see Figure 4 for 8- and 128-layers), in
 596 agreement with Figure 10. The difference between phase speed and wavelength among simulations
 597 with different numbers of layers decreases with the increase in mode number.

598 The distance between subsequent wave beam bounces at the surface and bottom ($\sim 100 \text{ km}$;
 599 Figure 4) is similar to the wavelength of the first baroclinic mode (Figure 10). This means that
 600 internal wave beams bounce up and down over one mode-one wavelength for realistic stratification

601 as well, similarly to the case of idealized, in-depth constant stratification in Gerkema and
 602 Zimmerman (2008).



603
 604 Figure 10. Internal tide a) phase speed and b) wavelength for the first ten baroclinic modes (from larger to
 605 smaller squares) for both types of grid-discretizations computed from the Sturm-Liouville equation.

606 5. Sound speed variability and underwater acoustics propagation

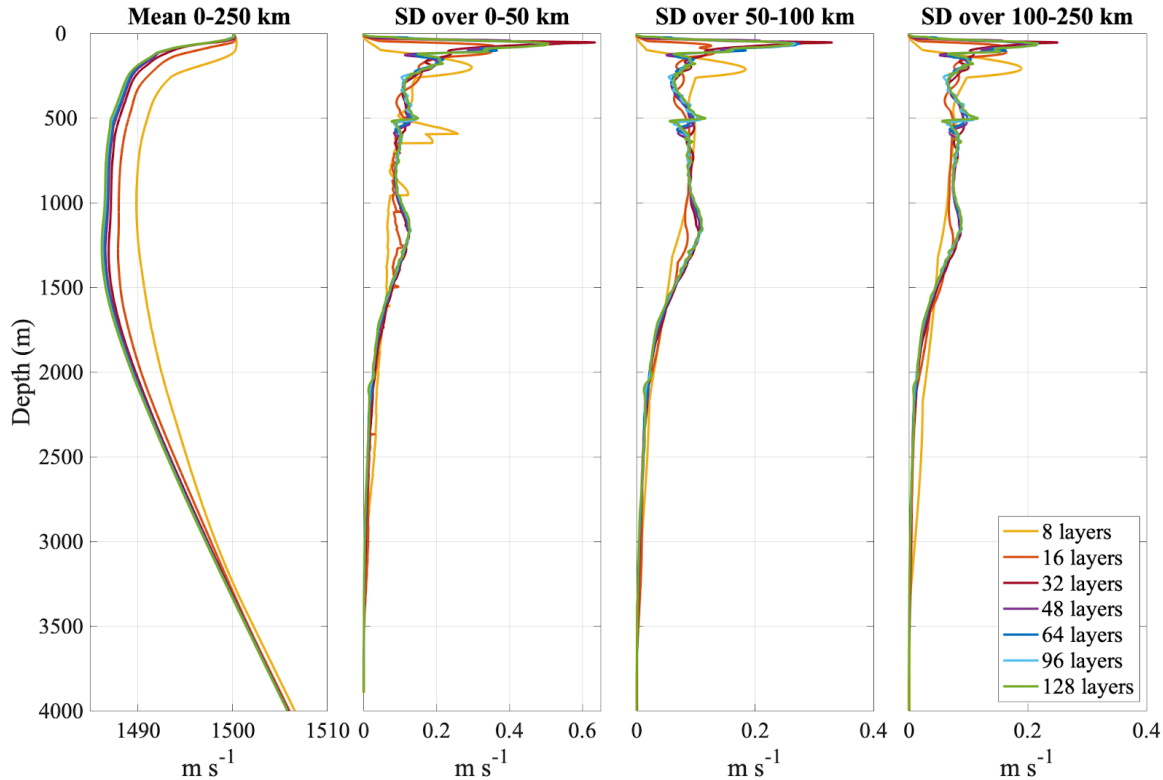
607 For this section, we focus on the simulations with layers defined by the zero-crossings of u-
 608 eigenfunctions, varying from 8 to 128 layers.

609 5.1. Sound speed variability

610 Sound speed depends on temperature, salinity, and depth. Thus, the up-and-down vertical
 611 displacement of isopycnals driven by internal tides induce sound speed variability. Findings from
 612 Section 3 show that simulations with a higher number of layers, up to 48 layers, presented higher
 613 vertical kinetic energy and available potential energy (Figure 5c, d). Both these quantities are also
 614 related to vertical isopycnal displacement. In fact, we find differences among the simulations in
 615 the vertical profiles of mean sound speed and an increase in sound speed variability with the
 616 increase in the number of layers, from 8 up to 48 layers, with the variability changing very little
 617 with additional layers (Figure 11). The 8-layer simulation presented a larger sonic layer, and,
 618 consequently, deeper sonic layer depth, and a deep channel (centered around $\sim 1000 \text{ m}$) that is less
 619 pronounced compared to the other simulations with higher number of layers. With increase in layer
 620 count, the sonic layer depth decreases and the deep channel becomes more pronounced, with
 621 equilibrium after 48-layers.

622 The greatest variability, as measured by the standard deviation over each hourly time step for
 623 a total of four tidal periods, was found in the upper 250 m for all simulations, although the peak of
 624 maximum variability varied, with variability peaks at $\sim 210 \text{ m}$ depth for 8 layers and at $\sim 110 \text{ m}$
 625 depth for 16 layers. For the higher-layer simulations (>16 layer), the peak sound speed variability
 626 was found at shallower depths ($\sim 60 \text{ m}$). Although the 32-layer simulation's depth of maximum
 627 variability was at $\sim 60 \text{ m}$, the amplitude was 0.1 m s^{-1} larger compared to the simulations with
 628 higher layer count for 0-50 km range from the ridge. The larger amplitude in the 32 layers
 629 compared to the other simulations with higher layer count is persistent as we go further from the

630 ridge (50-100 km and 100-250 km), but with a smaller difference in amplitude compared to 0-50
 631 km. A secondary peak in sound speed variability was observed around ~ 1150 m with similar
 632 magnitudes for simulations with at least 32 layers. This peak is smaller in amplitude than the 16
 633 layers and non-existent in the 8 layers. A similar pattern was found for the simulations with layers
 634 defined by merging consecutive layer layers from the 128-layer simulation defined by the zero-
 635 crossings of u-eigenfunction (not shown).



636
 637 Figure 11. Mean sound speed averaged over 0-250 km from the center of the ridge, and sound speed standard
 638 deviation (SD) averaged over 0-50 km from the center of the ridge, 50-100 km, and 100-250 km for the
 639 simulations with 8, 16, 32, 48, 64, 96, and 128 layers defined by the zero-crossings of the u -eigenfunctions.
 640 Note that the range of the x-axis differs between the subplots.

641 5.2. Underwater acoustic propagation

642 The differences among simulations in sound speed average and variability shown in Figure 11
 643 have an effect on the acoustic transmission loss (TL) and underwater acoustic parameters SLD,
 644 BLG, and ILG (Figure 12, 13; all terms are defined in Section 2.5). The transmission loss (1500
 645 Hz source at 20 m depth at ridge location) was greatest for the 8-layer simulation, and decreased
 646 with the increase in the number of layers up to 64 layers, with no significant change for higher
 647 layer count (Figure 12). In the 64, 96, and 128 layer simulations, we observed a periodic
 648 transmission on a semidiurnal timescale, with two surface layer propagation pathways appearing
 649 at about every 12 hours. This signal is better explored in the next figure. For 48 layers, shorter
 650 periodicity was observed, whereas in the 32 layers, only one weak surface transmission was
 651 observed every ~ 12 hours. For 8 and 16 layers, surface layer propagation was weakest, with $TL > 75$
 652 dB.

653 The SLD becomes shallower with the increase in the number of layers up to 64 layers, reaching
 654 equilibrium afterwards (Figure 12). This result is in agreement with the sound speed averaged

655 profiles from Figure 11a. The depth of the sonic layer varies from over 40 *m* for the 8 layer model
656 and ~ 30 *m* for the 16-layer simulation, to ~ 20 *m* for the 32- and 48-layer simulations, and ~15 *m*
657 for the simulations with at least 64 layers, in agreement with the mean profile of sound speed
658 (Figure 11). For the BLG, simulations with at least 48 layers presented similar values of BLG, and
659 larger gradient values compared to 8-, 16-, and 32-layer simulations. For ILG, the convergence
660 happens at 64 layers, similarly to TL and SLD, with higher values for the simulations with at least
661 64 layers. Although at times the shallowness of the SLD for the higher-layer simulations means
662 the source is deeper than the SLD, the gradients were more conducive to supporting the acoustic
663 surface duct.

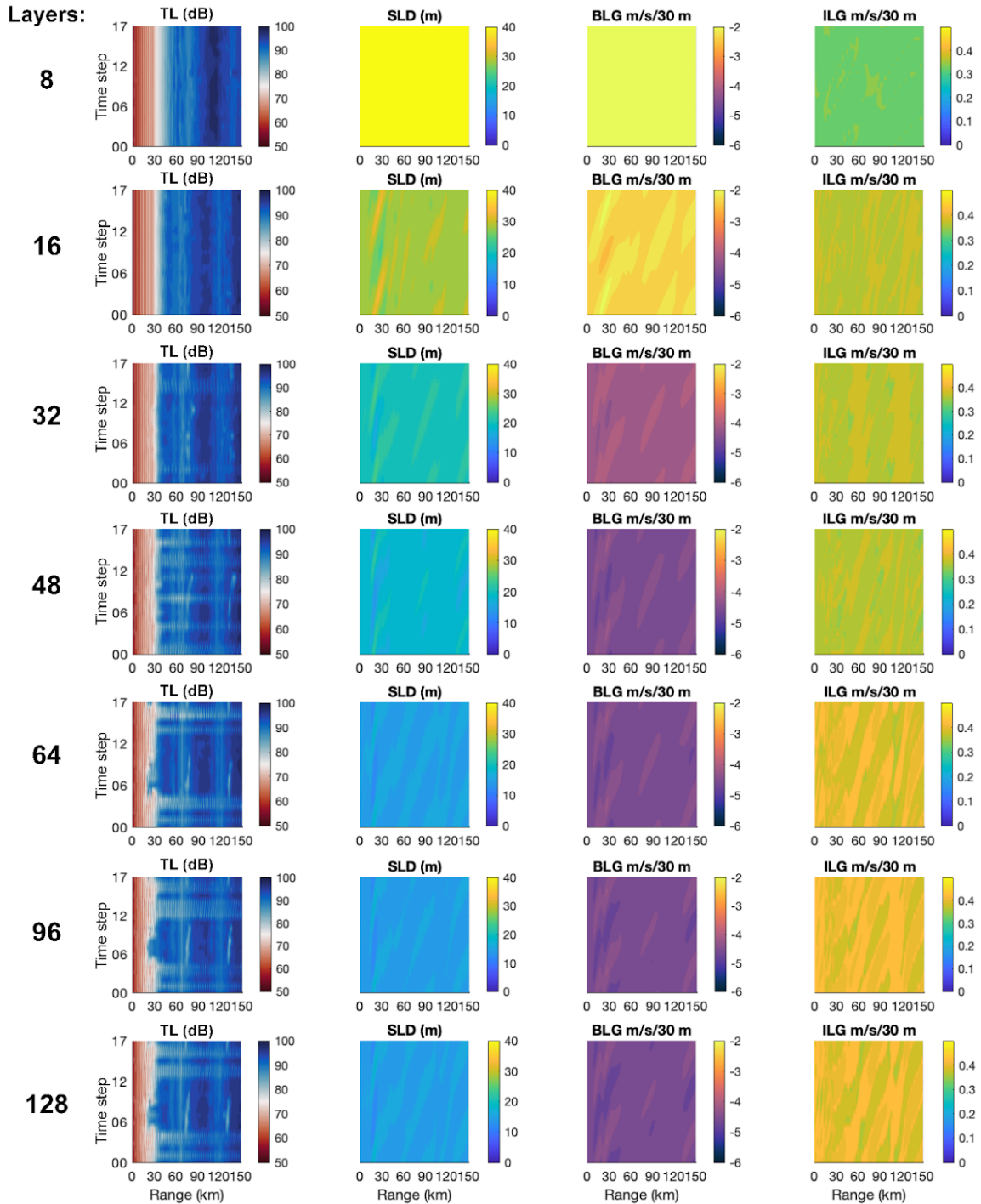
664 To expand on the acoustic transmission loss seen in Figure 13, we look at a depth-dependent
665 snapshot of the transmission loss for all simulations (Figure 13). We observed a few differences
666 among simulations. First, TL was greater for simulations with lower numbers of layers. As the
667 number of layers increases, TL gradually diminished, reaching its lowest point in the 64-layer
668 simulation. Beyond this point, TL stabilized, indicating a consistent behavior with the addition of
669 extra layers, and in agreement with Figure 12. Second, the rays were more defined, sharper, and
670 with higher density of rays/beams with the increase in the number of layers, up to 64 layers. The
671 8-layer simulation, for example, presents fewer propagation pathways, with little transmission in
672 a deeper sound channel. As the number of layers increased, so did the number of propagation
673 pathways. This caused greater propagation that converged in the deeper sound speed channel
674 (centered ~1000 *m* depth), and nearer to the surface for higher numbers of layers, up to 64. Larger
675 reflections (surface trapped sound waves) are observed in simulations with at least 64 layers. These
676 reflections are nearly absent in the 8- and 16-layer ones for distances larger than 40 *km* from the
677 ridge, and weaker in the 32- and 48-layer simulations. At a higher number of layers, results were
678 similar.

679 The wavelength of the sound waves, easier seen by the distance between the surface and bottom
680 wave bounces, appeared to be larger in the 8-layer simulation and to decrease with the increase in
681 the number of layers up to 48 layers, similarly to the wavelength of the first baroclinic mode
682 (Figure 10). Simulations with lower numbers of layers, in particular the 8- and 16-layer
683 simulations, have a weaker deep sound channel (Figure 11a), which could be affecting the
684 reflection angle of the sound waves and, consequently, their wavelength.

685 **6. Conclusions**

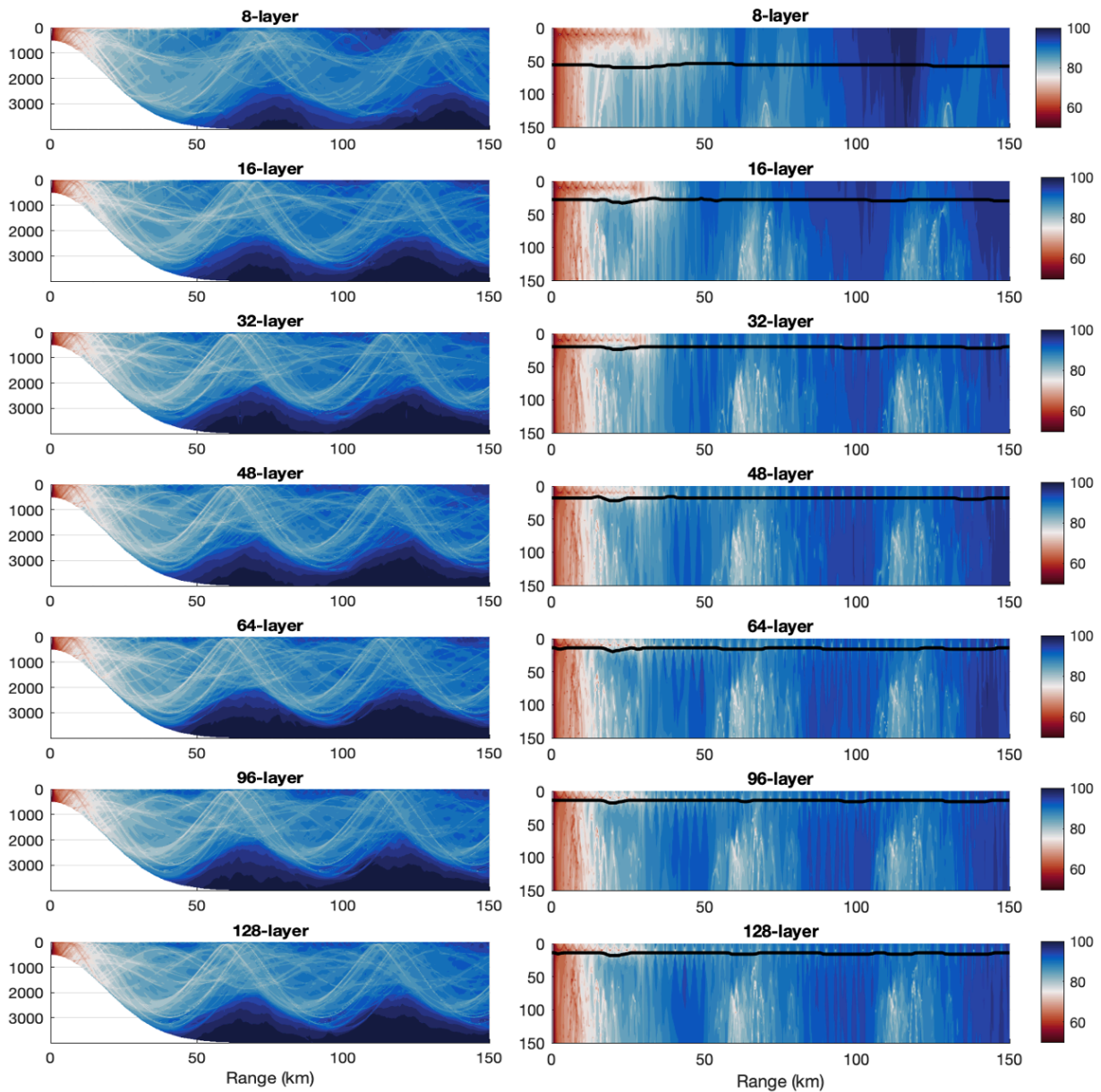
686 This study investigates the influence of vertical resolution on internal tide energetics and
687 internal tide effects on underwater acoustics propagation in HYCOM. Two grid-discretizations
688 with seven different numbers of layers, ranging from 8 to 128 isopycnal layers, were tested using
689 a 2-D, idealized configuration, only forced with semidiurnal tides, with ~1-*km* horizontal grid-
690 spacing and a ridge in the center of the domain. The results show that increasing the number of
691 layers up to 48 layers increased the domain-integrated barotropic-to-baroclinic tidal conversion,
692 available potential energy, and vertical kinetic energy, maintaining the same values in simulations
693 with higher layer counts, independently of the grid-discretization. Domain-integrated vertical
694 shear exhibits a similar pattern but reaching a maximum at 96 layers instead of 48, and remains
695 constant with the addition of more layers. Domain-integrated kinetic energy, on the other hand,
696 decreased with the increase in the number of layers. Simulations with at least 48 layers fully
697 resolved the available potential energy contained in the 3rd to 8th tidal baroclinic mode. The
698 wavelength and phase speed for the first ten baroclinic modes decreased with the increase in the
699 number of layers, up to 48 layers. Thus, increasing the number of layers increased the amount of

700 vertical structure in the flow, shown in the increase of energy in higher modes and squared vertical
 701 shear, both impacting internal tide-induced vertical transport.



702
 703 Figure 12. Underwater acoustic properties for the simulations with layers defined by the zero-crossings of
 704 u -eigenfunctions (from 8 to 128 layers, each line shows a different simulation). Acoustic transmission loss
 705 (TL; first column) in decibels (dB) with a 1500 Hz source at 20 m depth at ridge location; sonic layer depth
 706 (SLD; second column); below-layer gradient (BLG; third column); and in-layer gradient (ILG) defined as
 707 the gradient of sound speed in the sonic layer (fourth column). Sub-plots show the time step in the y-axis
 708 in hours and the distance from the ridge in kilometers (the zero value is the center of the ridge).

709



710

711 Figure 13. Snapshot of acoustic transmission loss (TL; first column) in decibels (dB) with a 1500 Hz source
 712 at 20 m depth at ridge location for the entire water column (left) and focused on the upper 150 m (right) for the simulations
 713 with layers defined by the zero-crossings of u -eigenfunctions (from 8 to 128 layers). The
 714 black line is the depth of the sonic layer.

715 Although differences were observed among simulations with lower number of layers, it is
 716 important to note that even the 8-layer simulations were able to reproduce internal tide patterns,
 717 such as wave beams and the 12 peaks in the kinetic energy spectrum. In the case of a z-level model,
 718 it would be needed at least three times that to obtain similar results as the isopycnal coordinates,
 719 according to Buijsman et al., (2020, 2024) and Xu et al. (2023). Additionally, the 8-layer
 720 simulations were able to resolve the same number of vertical modes (8 vertical modes) as the other
 721 simulations, even if the amount of energy projected onto the higher modes were smaller. This
 722 result agrees with the criteria proposed by Xu et al. (2023) and Buijsman et al. (2024), in which

723 only n -layers are needed to resolve n vertical modes. This study shows that increasing the number
 724 of isopycnal layers is more efficient in terms of representing internal tide energetics over grid-
 725 discretization adjustments.

726 The increase in the number of layers also impact sound speed variability and underwater
 727 acoustic propagation. Acoustic analyses show an increase in sound speed variability, in particular
 728 in the upper 200 m, and subsequent changes in underwater acoustic properties, with addition of
 729 layers until 48 layers for sound speed variability, and 64 layers for underwater acoustic
 730 propagation, with not much changes observed with additional layers. We find that for simulations
 731 with less than 64 layers, the transmission loss was greater, and with less defined and more diffuse
 732 sound wave beams. The SLD and ILG both become shallower with the increase in the number of
 733 layers up to 64 layers. The same happens for BLG, but with a convergence at 48 layers instead of
 734 64 layers.

735 Therefore, the study concludes that a minimum vertical resolution (roughly 48 layers in this
 736 case) is required to minimize the impact on internal tide energetics and internal-tide induced
 737 vertical transport and shear, both important to the mixing of water masses, and the subsequent
 738 consequences to sound speed variability and underwater acoustic propagation for the
 739 configurations of these simulations (1-km horizontal grid-spacing).

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 746 upon request.

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